

## SYMPTOMS OF LEAD POISONING

- Learning Problems
- Headache
- Hyperactivity
- Lowered Attention Span
- Stomach Ache
- Hearing Loss



**Does my home contain lead?**  
Have questions about  
symptoms of  
lead poisoning?

**Ohio Department of Health (ODH)**  
<http://www.odh.ohio.gov>  
1-877-LEAD SAFE

**Portage County Health Department**  
705 Oakwood Street  
2nd Floor  
Ravenna, OH 44266  
(330) 296-9919



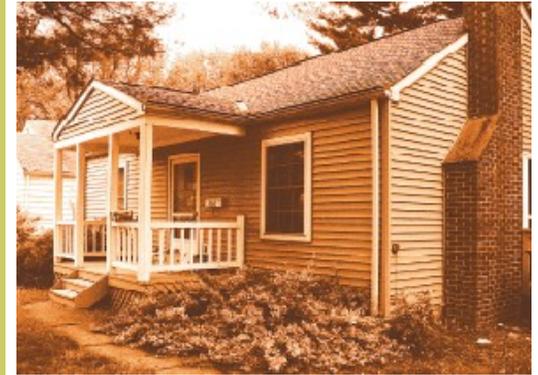
References:

[www.epa.gov/lead](http://www.epa.gov/lead)

[www.odh.ohio.gov](http://www.odh.ohio.gov)

[www.cdc.gov/nceh/lead](http://www.cdc.gov/nceh/lead)

## Portage County Health Department



**Prevent Lead  
Poisoning in Your  
Home**



## LEAD POISONING IS PREVENTABLE!

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- Lead poisoning is **preventable**, but the damage can be permanent.
- A **blood test** can determine lead exposure.
- **Feed your child** a diet rich in calcium and iron (meat, milk, cereal, beans, spinach, cheese).
- **Wash** toys, pacifiers, and your child's hands often, especially before eating!



## THE SOURCE?



- Homes built before 1978 are most likely to contain lead-based paint.
- About **23 MILLION** housing units have one or more lead-based paint hazards.
- **Paint chips** are often the main cause of lead poisoning in children.
- **Lead exposure** can be from remodeling your home, soil, water, toys, jewelry, or your occupation.
- **Imported products** are not always tested for lead.

## HOW TO PROTECT MY FAMILY?

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- Keep Entry to Home Dry
- Keep Home Clean of Dust
- Keep Spaces Organized
- Keep it in Good Condition
- Keep Bugs and Pests Out
- Keep Harmful Cleaners in a Safe Place



**Prevent Lead  
Poisoning **BEFORE** it  
happens!**