

PORTAGE COUNTY COMBINED GENERAL HEALTH DISTRICT



Portage County Administration Building
449 South Meridian Street
Ravenna, Ohio 44266
DuWayne O. Porter, M.P.H., R.S.
Health Commissioner

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Media Advisory
Thursday, April 29, 2010

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Free blood pressure screening for national women's health week

What: Free Blood Pressure Screening

Who: Portage County Health Department

When: Monday, May 10, 2010
Noon – 2:00 p.m.

Where: Nursing Clinic. Located on the first floor of the Portage County Administration Building
449 South Meridian Street
Ravenna, Ohio 44266

Why: National Women's Health Week is May 9-15, 2010. National Women's Health Check-up Day is Monday May 10, 2010. According to the National Institutes of Health, Heart disease is the leading cause of death among women and the leading cause of disability among women in the United States. For both men and women, the main factors that contribute to heart disease are:

- high blood pressure
- family history
- age
- smoking