



Health Tribune

Thinking about your health in Portage County
Provided by the Portage County Health Department



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April is... **Public Health Awareness Month**

What is Public Health?

Public Health is the science of protecting and improving the health of communities through education, promotion of healthy lifestyles, and research for disease and injury prevention. Public health aims to improve the shared conditions and behaviors that affect the health of each and every one of us.

Public health efforts range from containing deadly infectious diseases to promoting healthier lifestyles. Public Health Professionals address catastrophic events, provide necessary infrastructure, and ensure safe food and water. Public health makes the world in which we all live safer and, as a result, protects the health of every person.



What does the Portage County Health Department do for you?

- Control of Communicable Disease
- Immunization Clinics
- Rabies Control
- Emergency Preparedness
- High Blood Pressure Detection
- Water Supply and Sewage Systems
- Food Service and Establishment Inspections
- Vision Screening and Blindness Prevention
- Car Seat Program and Installation and Checks
- School Health and Safety
- Community Health Assessments
- BCMH
- Health Aspects of major Disasters
- Health Risk Reduction Programs

For more information: <https://www.co.portage.oh.us/healthdepartment.htm>

Did you know?

Public health is credited with adding 25 years to the life expectancy of people in the United States in this century?

10 Ways That Public Health Changed the Course of the 20th Century:

1. Control of infectious disease
2. Decline in deaths from coronary heart disease and stroke
3. Fluoridation of drinking water
4. Healthier mothers and babies
5. Healthier, safer food supply
6. Recognition of tobacco use as a health hazard
7. Safer vehicles and highways
8. Safer workplaces
9. Vaccinations
10. Public Health Infrastructure



The Portage County Health Department is having an Open House!
April 9th, 3 p.m. - 6 p.m.

Information from: http://www.asph.org/userfiles/WIPH_final2013.pdf

Questions or Comments?

Contact Us!

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