



# Health Tribune

Thinking about your health in Portage County  
Provided by the Portage County Health Department

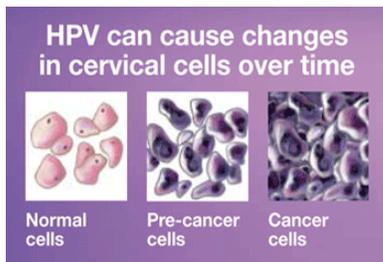


Volume 6, Issue 1

## January is... Cervical Cancer Awareness Month

Cervical cancer starts in a woman's cervix. The cervix is the lower, narrow end of the uterus. The cervix connects the vagina to the upper part of the uterus. All women are at risk for cervical cancer. Cervical cancer is caused by the changing of cells in the cervix, which is linked to Human Papilloma Virus (HPV). This type of cancer occurs most often in women over the age of 30.

Early on, cervical cancer may not cause any type of sign or symptom. If the cancer is advanced it may cause bleeding or discharge from the vagina that is not normal for you, such as bleeding after intercourse. If you have any signs or concerns call your doctor immediately.



Cervical cancer used to be the leading cause of cancer death for women in the United States. Within the last 40 years, the number of cases of cervical cancer has decreased significantly. The decline has been a direct result from women going to get their regular pap tests done.

- 11,818 women in the United States were diagnosed with cervical cancer in 2010.
- 3,939 women in the United States died from cervical cancer in 2010.

For more information: <http://www.cdc.gov/cancer/cervical/>

## Did you know?

The Portage County Health Department has the Gardasil vaccine available. The Gardasil vaccine is for both females and males ages 9-26. For females it protects against HPV Types 6, 11, 16, and 18 and for males it protects against HPV Types 6 and 11. HPV Types 6 and 11 cause about 90% of genital wart cases and HPV Types 16 and 18 cause about 75% of all cervical cancers.

### Child and Teen Immunization Clinic (Birth to 18 years of age)

- What:** Gardasil and other childhood immunizations  
**When:** Every Wednesday Walk-in clinic, no appointment needed  
**Time:** 8:00 am-12:00 noon  
**Where:** Portage County Health Department  
705 Oakwood Street, Ravenna  
**Cost:** \$10 per shot



### Adult Immunization Clinic (19 years of age and older)

- What:** Gardasil and other immunizations  
**When:** Every Tuesday/Appointment only.  
Call 330-298-4490  
**Time:** 8:00 am-10:00 am  
**Where:** Portage County Health Department  
705 Oakwood Street, Ravenna  
**Cost:** Call for pricing

The Gardasil vaccine is given in a three dose schedule within a 6 month time frame. The first dose is given at 0 months, the second dose is given 2 months later, and the third and final dose is given 4 months after that.

For additional information about cervical health and HPV vaccines check out: [www.nccc-online.org/awareness](http://www.nccc-online.org/awareness), [www.acog.org](http://www.acog.org), and [www.vaccine.chop.edu](http://www.vaccine.chop.edu).

## Questions or Comments?

Contact Us!

Portage County Health Department  
705 Oakwood Street  
2nd Floor  
Ravenna, Ohio 44266  
Phone: (330) 296-9919  
Nursing Clinic: (330) 298-4490  
Email: [pchd@portageco.com](mailto:pchd@portageco.com)