



# Health Tribune

Thinking about your health in Portage County  
Provided by the Portage County Health Department



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## July 28, 2011 is World Hepatitis Day

*July 28th is...*



Hepatitis is a disease that causes swelling of the liver. It can lead to cirrhosis, which is scarring, of the liver or to liver cancer. It is a serious but preventable disease.

### What Causes Hepatitis?

Hepatitis is usually caused by a virus and depending on the type can be spread several different ways. The three most common hepatitis viruses are hepatitis A, hepatitis B, and hepatitis C.

#### Hepatitis A (HAV):

- Hepatitis A can be transmitted through the feces (poop) of infected individuals.
- People usually get hepatitis A by eating food or drinking water that's been contaminated with feces.
- Unlike some other hepatitis viruses, hepatitis A rarely leads to permanent liver damage.
- Protect yourself by completing the 2 shot series of the hepatitis A vaccine.

#### Hepatitis B (HBV):

- Hepatitis B virus is transmitted from person to person through blood or other body fluids.
- Hepatitis B is a more serious infection, which, may lead to a condition called cirrhosis (permanent scarring of the liver) or liver cancer.
- Protect yourself by completing the 3 shot series of hepatitis B vaccine.

#### Hepatitis C (HCV):

- Hepatitis C can be the most damaging type of hepatitis.
- The hepatitis C virus is transmitted from person to person through blood or other body fluids.
- Like hepatitis B, hepatitis C can lead to cirrhosis or liver cancer.
- There is no vaccine for hepatitis C!
- Do not share needles, razors, toothbrushes, or other personal products.

For more information about hepatitis check out <http://kidshealth.org/teen/infections/stds/hepatitis.html#> or <http://www.natap.org/1999/june/hep619299.html>



### *Did you know...?*

Your Portage County Health Department Nursing Division can provide you or your loved ones with free or low-cost child, teen, adult, and international travel immunizations, including hepatitis A and B.

#### Child and Teen Walk - In Clinics:

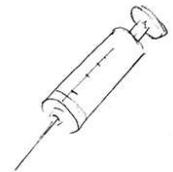
**When:** Wednesday 8:00 am-Noon

**Who:** Infants-Age 18

**Cost:** \$10 fee per shot.

Also based on the ability to pay.

\*No Appointment Needed!



#### Adult Clinic-By Appointment:

**When:** By appointment (call 330-298-4490)

**Who:** Age 19 and Over

**Cost:** Will vary by the vaccine. Please call for details.

#### International Travel Clinic:\*

**When:** By appointment (call 330-298-4490)

**Who:** Travelers going to foreign countries where vaccination is advised.

**Cost:** Will vary by the vaccine. Please call for appointment.

\*A Travel Consultation Fee of \$50 is included per person for Portage County residents, and will not exceed \$100 for a family.



**Portage County  
Health Department**  
Dedicated to making life better!

**Public Health**  
Prevent. Promote. Protect.

### Questions or Comments?

Contact Us!

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