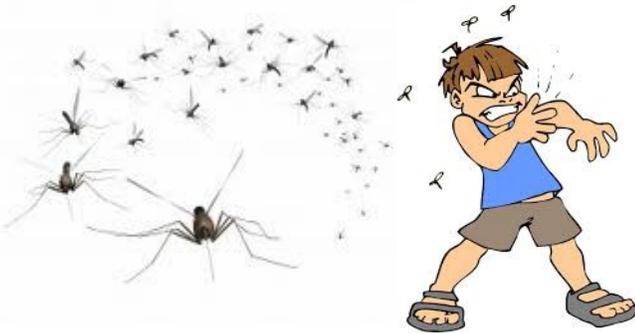


## July is...

### ***Mosquito Control Awareness Month***

Many people throughout the world have had plenty of encounters with mosquitoes. Being bitten by a mosquito is quite an unpleasant experience. Mosquito bites can cause skin irritation through an allergic reaction to the mosquito's saliva; this is what causes the red bump and itching. But a more serious consequence of some mosquito bites may be transmission of certain serious diseases such as malaria, dengue fever and the West Nile Virus.



### ***Here are some tips to consider when trying to avoid mosquito bites:***

- Empty water from containers such as flower pots, birdbaths, pet water dishes, cans, gutters, tires and buckets regularly to disrupt the mosquito breeding cycle.
- Keep windows and door screens in good working order to prevent mosquitoes from entering your home.
- If possible, wear long-sleeved shirts and long pants while outdoors, consider staying indoors early in the morning and evening when mosquitoes are most active.
- Maintain your swimming pool to prevent mosquito breeding,
- Use mosquito netting over infants carriers when infants are outdoors.
- Consider using an insect repellent, be sure to follow the label directions for applying the repellent.

For more information: <http://npic.orst.edu/pest/mosquito/control.html>

## ***Did you know?***

Different species of mosquitoes prefer different types of standing water in which to lay their eggs. The presence of predators such as fish and dragonfly nymphs in permanent ponds, lakes and streams usually keep these bodies of water relatively free of mosquito larvae.

However, portions of marshes, swamps, clogged ditches and temporary pools and puddles are all mosquito breeding sites. Other sites in which some species lay their eggs include:

- tree holes
- old tires
- buckets
- toys
- potted plant trays and saucers
- plastic covers or tarps
- areas as small as bottle caps



Information received from: <http://www2.epa.gov/mosquitocontrol>

## **Questions or Comments?**

Contact us!

Portage County Health Department  
 705 Oakwood Street  
 2nd Floor  
 Ravenna, Ohio 44266  
 Phone: (330) 296-9919  
 Nursing Clinic: (330)298-4490  
 Email: [pchd@portageco.com](mailto:pchd@portageco.com)