



# Health Tribune

Thinking about your health in Portage County  
Provided by the Portage County Health Department



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## March is...Kids Poison Prevention Month

At a young age, kids are naturally curious, they go running around exploring anything they can get their hands on. They might find their way into unsafe household items that can be very dangerous.



### TOP SAFETY TIPS:

- Store all household products out of children's sight and reach. Young kids are often eye-level with items under the kitchen and bathroom sinks. Any bleach, detergents, dishwasher liquid or cleaning solutions should be kept in higher or locked storage locations.
- Remember items such as detergent pods for the laundry and dishwasher can also be dangerous.
- Don't leave poisonous products unattended while in use. Many incidents happen when adults are distracted for a moment on the phone or at the door.
- Read product labels to find out what can be hazardous to kids. Dangerous household items include makeup, personal care products, plants, pesticides, lead, art supplies, alcohol and carbon monoxide.
- Program the toll-free number for the Poison Control Center (800-222-1222) into your home and cell phone. Post it near your phone or on your refrigerator for the babysitter.
- Check for lead-based paint. Remove any peeling paint or chewable surfaces painted with lead-based paint.



For more information: [http://www.odh.ohio.gov/odhprograms/dspc/lp\\_prev/lp\\_prev1.aspx](http://www.odh.ohio.gov/odhprograms/dspc/lp_prev/lp_prev1.aspx)

## Did you know?

- ◆ 838 children ages 19 and under died from poisonings in 2010.
- ◆ 130,301 children ages 19 and under were seen in emergency rooms for nonfatal poisonings in 2011.
- ◆ In 2011, 67,700 children were seen in emergency rooms for accidental medication exposures, and 12,390 of these children required hospitalization.
- ◆ For every 10 poison exposures in children, approximately 9 occur in the home.
- ◆ The leading causes of non-medication exposure calls to poison control centers for children ages 5 and under were cosmetics and personal care products, household cleaning substances, foreign objects/toys, pesticides and plants.
- ◆ Half of the 2 million calls to poison control centers in 2011 were exposures and ingestions among children ages 5 and under.



For more information: <http://www.safekids.org/sites/default/files/documents/2013%20Poisoning.pdf>

## Questions or Comments?

Contact Us!

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