



Health Tribune

Thinking about your health in Portage County
Provided by the Portage County Health Department

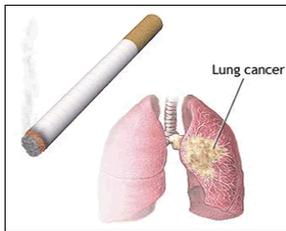


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September is...

Lung Cancer Awareness Month

Lung Cancer is a disease that causes an uncontrolled cell growth in the tissues of the lungs. If it is left untreated, the growth will spread beyond the lungs.



The Symptoms of Lung Cancer

1. Intense or persistent coughing.
2. Pain in chest, shoulders, or back.
3. Shortness of breath.
4. Changes in voice or being hoarse.
5. Recurrent lung problems such as bronchitis or pneumonia.
6. Coughing up phlegm or mucus.
7. Coughing up blood.
8. Neck or facial swelling.
9. Loss of appetite or unexplained weight loss.
10. Headaches, bone or joint pain.

Smoking Treatment Options

Town Hall II
(330) 296-8590
5366 South Prospect Street
Ravenna, OH

Visit <http://www.townhall2.com/> for more information.

For more information visit: <http://www.lungcancer.org/>

Did you know?

There are different stages of lung cancer. Because the lungs are large, tumors can grow in them for long periods of time before they are found. When symptoms occur most people think its due to other causes. Early stages of lung cancer¹ and 2 are difficult to detect. Most people are diagnosed during the 3rd or 4th stage.

Stages of Lung Cancer

Stage I: The cancer is only in the lungs and has not spread to any lymph nodes.

Stage II: The cancer is in the lung and near the lymph nodes.

Stage III: Cancer is found in the lung and in the lymph nodes in the middle of the chest and is described as an advanced disease.

Stage IV: This is the most advanced stage. At this point the cancer has spread to both lungs, to the fluid around the lungs or to another part of the body.

For more information about the stages of lung cancer visit: http://www.lungcancer.org/find_information/publications/163-lung_cancer_101/268-types_and_staging

Questions or Comments?

Contact Us!

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