



# Health Tribune

Thinking about your health in Portage County  
Provided by the Portage County Health Department

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## *Did you know...?*

Portage County Health Department Nursing Services are available to **everyone!**  
Low-cost services are provided to every person, regardless of ability to pay or insurance status.

### **Child and Teen Clinic - Walk-in**

- When: Wednesdays  
8:00 a.m. - Noon  
No appointment needed
- Who: Infants - Age 18
- Cost: \$10 per shot

### **Adult Clinic - By Appointment**

- When: By Appointment
- Who: Age 19 and Over
- Cost: Will vary by the shot

### **International Travel Clinic - By Appointment**

- When: By Appointment
- Who: People traveling internationally
- Cost: Will vary by the shot  
A consultation Fee of \$50 per person, not to exceed \$100 for a family.

Public Health Nursing Services Clinic is located on the first floor of the Administration Building across from WIC. Please call (330) 298-4490 for more information.

## Questions or Comments? Contact Us!

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<http://www.co.portage.oh.us/healthdepartment.htm>

## **April 24 - May 1 is Infant Immunization Week**

Immunizing children on time is the best protection against dangerous childhood disease. Did you know, that by the age of 3, children should have:

- 4** doses of: DTaP, HIB, Prevnar
- 3** doses of: Polio, Hepatitis B
- 2** doses of: Rotavirus Vaccine
- 1** dose of: MMR, Chickenpox

*“Which diseases do these vaccines protect against?”*

<b>Vaccine</b>	<b>Protects Against</b>
DTaP	Diphtheria, Tetanus, Pertussis
Polio	Polio
HIB	Haemophilus Influenza B (causes Meningitis)
MMR	Measles, Mumps, Rubella
Td	Tetanus, Diphtheria
Prevnar	Pneumococcal diseases

*“Should my child get a flu shot?”*

All children over 6 months and adults should get a seasonal flu shot around Thanksgiving.

*“Where can I find a list of shots?”*

Visit the Nursing Services website at:  
[http://co.portage.oh.us/healthdept\\_pages/nursing.htm](http://co.portage.oh.us/healthdept_pages/nursing.htm)

Learn more about vaccines from the Centers for Disease Control and Prevention at [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines) and the Portage County Health Department at <http://www.co.portage.oh.us/healthdepartment.htm>.